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**TEMECULA**  
**PREP**  
**2011-12**

**ATHLETIC/ACTIVITY  
PACKET**

**LET'S GO PREP!!!**



## **Temecula Preparatory School** **Code of Athletic/Activity Participation**

*Requirements for Participation:*

### **Physical Exam**

An annual physical examination by a physician certifying that the student is physically fit to participate in athletics is required. The form distributed by the school must be filled out by a physician and returned promptly (only for those involved with TPS Athletics).

### **Emergency Medical Authorization**

Each athlete's parent/guardian must complete the Emergency Medical Authorization form giving permission for the treatment by a physician or hospital when a parent/guardian is not available. The information will be kept with the head coach/Advisor for accessibility during practices, contests and performances.

### **Insurance (Athletics Only)**

Accidental bodily insurance is required for athletic participation. Parent/guardians must sign the information form showing that they understand the information regarding insurance and the warning of accidents that may occur when participating in athletic activities.

### **Acknowledgement and Compliance of the Athletic/Activity Code and Policies**

Every student and parent/guardian must read and sign the form regarding the athletic/activity code and policies showing that they understand, and agree to comply.

Please turn in the entire packet including the completed physical forms to the Athletic/Activity Office. The following items must be received and signed off before any student participation may take place.

1. Completed Athletic/Activity Packet
2. Completed Physical (athletes only)
3. Signed Emergency Consent form
4. Proof of Insurance
5. Travel Form

## **Athletic/Activity Eligibility Guidelines**

To ensure that the possibility of disruption sometimes caused by involvement in athletics or activities is minimized the TPS Board adopts the following guidelines regarding student athlete eligibility:

### **Academic Standards**

A student must have a 2.5 GPA and  
Passing grade in all but one class  
Have only one (1) U (Unsatisfactory) in citizenship.

### **Academic Suspension from Student Activities**

If a student accumulates more than one "F" at any time during the student's involvement in athletics or activities the student is immediately suspended from participation in the sport or activity until it has been recorded that the student has passing grades in all of his/her classes but one (1).

### **Academic Probation for Student Activities**

Administration has the discretion to place a student who failed to maintain the academic standards in a previous quarter on probation for the following quarter in order to encourage students to reach their academic potential.

Temecula Preparatory School has established a tradition of virtue and excellence. Student activities, including athletics, should strongly emphasize virtuous behavior. TPS students must be good citizens and exhibit conscientious behavior as they represent TPS.

**Philosophy & Objectives**  
**of the**  
**Temecula Prep Athletic/Activities Program**

The Temecula Prep Athletic and Activities Programs shall function in accordance with existing Temecula Prep policies, rules and regulations, with the California Interscholastic Federation (C.I.F.), and with the Hillsdale model of classical education. The program shall provide a variety of meaningful experiences to enhance the development of habits and attitudes that will prepare students for adult life in society. All school sponsored athletic events and activities will be conducted in a way that will uphold the standards and virtues of Temecula Prep. Temecula Prep athletic teams and student activities are intended to generate school pride, success, and unity. It is to be considered an honor and privilege to participate in these extra-curricular programs and therefore will be held to a standard consistent with the standards of Temecula Preparatory School

**ACTIVITIES/ATHLETIC CODE OF CONDUCT**

**Student Responsibilities**

Participation in the Temecula Prep Activities/Athletic Programs is a **privilege** and a **responsibility**. Students who participate in Temecula Prep programs understand the **privilege** and will agree to uphold the **responsibilities** below:

- The **Responsibility** to their self to maintain high standards of health and safety in order to perform at the maximum level of their potential.
- The **Responsibility** to their fellow group/team members to give their best effort at all times.
- The **Responsibility** to their coaches, advisors and directors to strive for success in every effort they undertake.
- The **Responsibility** to their school and community, whom they represent, to maintain the highest standards of conduct.
- The **Responsibility** to the youth of the community, who look up to them, to be role models of citizenship and behavior.

In order to meet these responsibilities, participants pledge not to, AT ANY TIME, possess or engage in the ILLEGAL USE OF DRUGS, ALCOHOL, OR TOBACCO OR TO PARTICIPATE IN CRIMINAL BEHAVIOR as defined in the California State Education Code and /or Penal Code.

*Objectives:*

1. The student will learn vital lessons in character that promote teamwork, commitment, self-sacrifice, a strong work ethic, responsibility, self-confidence, and self-discipline in order to produce upstanding citizens and maximize the enrichment of their futures.
2. The student will learn that the principle of commitment is more important than mere athletics. The student will learn to remain committed to the team amidst challenges.
3. The student will learn to appreciate the skills and abilities of opponents.
4. The student- will learn an appreciation of playing by the rules. The C.I.F. motto is "Pursuing Victory with Honor". The TPS Athletic Program will reinforce this principle.
5. The student will learn the value of physical fitness and life-long health habits that lead to a healthy body and sound mind.
6. The student will learn to cope with the competitive nature of athletics and society in a positive manner.
7. The student will learn to be good winners as well as gracious losers when defeated.
8. The student will learn to accept challenges in a positive attitude and learn to strive to overcome them.
9. The student will learn to represent themselves, the team, and the school in a positive way at all times.

## Philosophy of Participation

Students, who choose to participate in the athletic or activity programs here at Temecula Prep, do so voluntarily. The students are required to remain committed to both Academic as well as their extra-curricular event. The student and parent/guardian will make a well thought out decision when deciding to commit to the extra responsibilities of extra-curricular participation.

### GENERAL TEAM/CLUB RULES

- 1. Eligibility** – A student must meet all eligibility standards to participate.
- 2. Activities/Athletic Code** – Students must know and follow the code of conduct as set forth by the Athletic/Activities Dept.
- 3. 10 Day Grace Period** - A student-athlete may leave a sport for any reason during the first ten days of practice. There shall be NO PENALTY if the student informs the coach/supervisor of such intention to leave that event and returns all equipment or gear issued to him or her.
- 4. Release from Team** - An athlete may, at any time, request to be released from a team due to special circumstances. The coach may or may not grant this request. If granted, the parent will be notified by the coach.
- 5. Quitting a Team** - If an athlete quits a team after the ten day grace period, the athlete will miss the first contest of the next sport he/she participates in. The athlete **MAY NOT practice** in another sport until the conclusion of the last regularly scheduled contest of the sport quit. The parents will be notified by the Athletic Office.
- 6. Removal from a Team** - If an athlete is removed from a team for violation of any team rules; the athlete will miss the first two contests of the next sport he/she participates in. The athlete **MAY NOT practice** in another sport until the conclusion of the last regularly scheduled contest of the sport quit. The parents will be notified by the coach and may appeal the coach's decision to the Athletic Director.

### Parent Complaint Procedures

Should a parent concern arise regarding any aspect of the Temecula Prep Athletic/Activities Program the following steps should be taken:

- I. Contact the coach involved to make an appointment. Please **do not** confront a coach before or after a contest. Appointments can be made at 926-6776 ext. .
- II. If the concern is not resolved with the coach, call the Athletic Director, JJ Santa Cruz, at 926-6776 ext..

Note: All concerns regarding try-out procedures should be communicated prior to the try-out dates.

## **Athletic/Activities Code of Conduct**

When a student voluntarily participates in interscholastic athletics or a school sponsored event, he/she agrees to abide by the rules in the Temecula Prep Athletic/Activity Code of Conduct. The Code is in effect at all times; while the student is at school and away.

Participation in Temecula Prep program is regarded as a privilege and not a right. All students shall abide by a code of conduct that will earn them the honor and respect that participation and competition in the interscholastic program affords. Any conduct that results in dishonoring the athlete, team, or school, or country will not be tolerated. Acts of unacceptable conduct tarnish the reputation of everyone associated with the athletic program, and the school.

Because of the serious nature of the following rules, the coach, athletic director, and headmaster/headmistress shall meet to determine the penalty according to the degree of infraction.

### **Rules**

1. The use or possession of alcohol, tobacco, steroids, or any other illegal drug is not tolerated.
2. Any student referred to the Activities Director or the Dean of Students for a violation of school rules may be denied the privilege of athletic/activity participation for a period determined by the either office.
3. Fighting, taunting, or displaying any sort of poor sportsmanship towards anyone (opponent, official, spectator, teammate, coach, etc.) will not be tolerated.
4. All coaches/directors may establish standards approved by the athletic/activity director and Dean of Students that are higher than or in addition to the general requirements. Non-compliance of these rules will not be tolerated.
5. To be eligible for interscholastic athletics of school activities, all students must be in good academic standing with the school. Every student-athlete must maintain a GPA of at least 2.5 and have no more than one "F" during the grading period prior to the season of sport. If the academic requirement is not met, the student will be on academic probation until the end of the next grading period. Athletic participation is not permitted during the probationary period.
6. A student must always consult with the coach/director before missing a practice, contest or performance. Every effort will be made by the coach/director and athletic director to avoid scheduling conflicts with other school function. Likewise, every effort should be made by the student-athlete and parent/guardians to avoid scheduling conflicts with practice or contests.
7. Detentions/Saturday Schools/Suspensions, etc. have priority over practices or contests. Student will serve detention before going to an athletic practice or activity. Final authority for infractions of this rule will rest with the Dean of Students.
8. A student will not be allowed to participate in a future seasons until all school issued athletic uniform items have been returned. The student athlete will be uniform in appearance. All uniforms will comply with sport-specific rules and will not be altered to bring attention to an individual. Any non-returned items will be

charged to the student. If fees are not paid students records may be withheld until all fees are take care of.

9. The TPS academic faculty will work with student strictly under the condition that the student take initiative and responsibility in communicating future days in which they will miss class due to an event.
10. All injuries must be reported to the head coach. If the injury requires medical attention by a physician, the athlete must obtain the physician's written clearance to return to activity.
11. The student shall show coaches, directors, officials, teammates, opponents, spectators, and all TPS staff respect at all times.
12. The student shall strive to comply with the objectives and philosophies of the TPS Athletic/Activity Program.

### **WARNING TO ATHLETES & PARENTS/GUARDIANS**

SERIOUS, CATASTROPHIC AND PERHAPS FATAL INJURY MAY RESULT FROM ATHLETIC PARTICIPATION. By its very nature, competitive athletics may put students in situations in which SERIOUS, CATASTROPHIC and perhaps, FATAL ACCIDENTS may occur. Many forms of athletic competition result in violent physical contact among players, the use of equipment which may result in accidents, strenuous physical exertion, and numerous other exposures to risk of injury including transportation. Student and parents/guardians must assess the risk of involved in such participation and make their choice to participate, in spite of these risks. No amount of instruction, precaution, or supervision will totally eliminate all risk of injury. Just as driving an automobile involves choice of risk; athletic participation by high school students also may inherently be dangerous. The obligation of parents/guardians and students in making this choice to participate cannot be overstated. There have been accidents resulting in death, paraplegia, quadriplegia, and other very serious permanent physical impairment as a result of athletic competition. By granting permission for your student to participate in athletic competition, you, the parent or guardian, acknowledge that such risk exists. Students will be instructed in proper techniques to be used in athletic competition and in proper utilization of all equipment worn or used in practice and competition. Students **MUST** adhere to that instruction and utilization and **MUST** refrain from improper uses and techniques. As previously stated, no amount of instruction, precaution, and supervision will totally eliminate all risk of serious catastrophic or even fatal injury. If any of the foregoing is not completely understood, please contact the school athletic director or headmaster/headmistress for further information.

Parent/Guardian Signature: \_\_\_\_\_ Date: \_\_\_\_\_

Student Signature: \_\_\_\_\_ Date: \_\_\_\_\_



Temecula Preparatory School  
Athletics Signature Page

Name of Athlete: \_\_\_\_\_

**INSURANCE STATEMENT**  
**(ATHLETES ONLY)**

California School law and the education code require that every member of an athletic team have accidental bodily injury insurance, providing at least \$1500 of scheduled medical and hospital benefits. No athlete may participate in any athletic activity without insurance. TVUSD provides an accident policy, which meets the above standards. This policy only takes effect in the event of negligence on the part of the school. This coverage is not a 24 hour medical policy. This will only cover a student while participating in a school sponsored activity, and only if the school is found negligent, which causes the athlete injury. The TVUSD policy is a secondary coverage to any other coverage that the athlete already has. This coverage is extremely limited and additional coverage is highly recommended.

I have read the above Insurance Statement.

Please Print  
Name: \_\_\_\_\_

Parent/guardian Signature: \_\_\_\_\_ Date: \_\_\_\_\_

**AGREEMENT FORM**

By signing below, we show that we understand and agree to comply with all given information regarding the requirements for participation, the insurance and accident warning, scholastic eligibility, the TPS athletic philosophies and objectives, the TPS Athletic Code of Conduct, and the procedures to resolve issues.

Parent/Guardian Signature: \_\_\_\_\_ Date: \_\_\_\_\_

Student Signature: \_\_\_\_\_ Date: \_\_\_\_\_

EMERGENCY MEDICAL AUTHORIZATION 2011-12 SCHOOL YEAR  
TEMECULA PREPARATORY SCHOOL

ATHLETIC DEPARTMENT

EMERGENCY MEDICAL AUTHORIZATION

THIS FORM MUST BE MADE AVAILABLE TO ALL TEAM PRACTICES AND  
CONTESTS FOR EACH TEAM MEMBER TO ENSURE PROPER MEDICAL  
TREATMENT BY PHYSICIANS OR HOSPITAL IN THE EVEN OF SERIOUS INJURY.

ATHLETE FULL  
NAME: \_\_\_\_\_

BIRTH DATE \_\_\_\_\_ GRADE \_\_\_\_\_ SEX \_\_\_\_\_

PARENTS NAME MOTHER \_\_\_\_\_ FATHER \_\_\_\_\_

HOME PHONE \_\_\_\_\_ ALT PHONE \_\_\_\_\_

MOTHER CELL  
PHONE \_\_\_\_\_ FATHER CELL PHONE \_\_\_\_\_

HOME ADDRESS \_\_\_\_\_

CITY \_\_\_\_\_ STATE \_\_\_\_\_ ZIP CODE \_\_\_\_\_

IN THE EVENT PARENTS CANNOT BE REACHED, PLEASE CONTACT:

NAME \_\_\_\_\_ PHONE \_\_\_\_\_

LIST SPORTS THE ABOVE NAME ATHLETE PLAYS:

\_\_\_\_\_  
\_\_\_\_\_

I HEARBY GIVE MY CONSENT FOR MEDICAL TREATMENT DEEMED NECESSARY BY  
PHYSICIANS DESIGNATED BY SCHOOL AUTHORITIES AND/OR FOR TRANSPORTATION  
TO A HOSPITAL EMERGENCY ROOM FOR TREATMENT FOR ANY ILLNESS OR INJURY  
RESULTING FROM HIS/HER ATHLETIC PARTICIPATION.

PREFERRED PHYSICIAN: \_\_\_\_\_

PREFERRED HOSPITAL: \_\_\_\_\_

SIGNED (PARENT OR GUARDIAN) \_\_\_\_\_

DATE: \_\_\_\_\_

# Medical Emergency Consent Form

Please Print

Name \_\_\_\_\_  
Last First MI

Grade \_\_\_\_\_ Birthdate \_\_\_\_\_

Home Address \_\_\_\_\_  
City Zip

Home Phone \_\_\_\_\_ Cell Phone \_\_\_\_\_

Fathers Name \_\_\_\_\_ Mothers Name \_\_\_\_\_

Fathers Work number \_\_\_\_\_ Mothers Work Number \_\_\_\_\_

Emergency Alternative Contact \_\_\_\_\_  
Name Phone Number

Insurance Company \_\_\_\_\_ Policy # \_\_\_\_\_

Name of Family Physician \_\_\_\_\_

email (please print) \_\_\_\_\_

1. Parent Signature \_\_\_\_\_ Date \_\_\_\_\_

I hereby give my consent for my student to be given medical aid, if necessary, during any school sponsored athletic activity.

2. Parent Signature \_\_\_\_\_ Date \_\_\_\_\_

I **DO NOT** give my consent for my student to be given medical aid, if necessary during any school sponsored athletic activity.

Please make note of any medical condition with regards to your student that the coach should know about. (Epilepsy, diabetes, asthma, allergies, etc.)

\_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_

# Publications, Video, Internet, Local Media, Consent and Release Agreement

Dear Parents or Guardian,

Throughout the school year, Temecula Preparatory School may include photographs of individual student group activities in its promotional and informational publications, on the school website and occasionally in video presentations.

TPS also works with area newspapers and television stations on news and feature stories of interest. These media outlets may photograph or video and/or audio tape students involved in school-related activities.

Occasionally other entities, such as the Chamber of Commerce or other local, state and national organizations, may contact us and ask for pictures to use in various formats.

In an effort to respect parent and guardian wishes regarding the use of your child's photo, we ask that you read the consent form below, indicate your preference, and sign and return this document.

## Permission:

\_\_\_\_\_ Yes, I consent and agree that my student's name, picture, art, written work, voice, verbal statements, portraits (video or still) may be used by Temecula Preparatory School for school publications, on the school internet website, in school-related video productions, or for news and other publications.

## Restriction from individual shots:

\_\_\_\_\_ Please remove my child  
(ren) \_\_\_\_\_'s  
Only from individual photo situations, not large group photos.

## Restriction from internet Use:

\_\_\_\_\_ Please do not publish \_\_\_\_\_'s  
Photograph on the school's website, or any other World Wide Web page for which the photo may be requested.

## Restrictions from ANY use of photo:

\_\_\_\_\_ I do **NOT** grant permission for \_\_\_\_\_'s  
Photograph to be used for ANY school publication, news media usage, or on the World Wide Web.

Temecula Preparatory School agrees that the student's name, picture, art, written work, voice, verbal statements, portraits (video or still) shall only be used for public relations, public information, school promotion, publicity, and instruction.

Student Name: \_\_\_\_\_  
Parent Signature: \_\_\_\_\_ Date: \_\_\_\_\_



In consideration of being allowed to participate in the travel activity described below, I, the parent /guardian of \_\_\_\_\_ (participant's name), hereby release, hold harmless and forever discharge Temecula Preparatory School, the Temecula Valley Unified School District, , along with all other auxiliary organizations of Temecula Preparatory School and each and every officer, agent, volunteer and employee of each of the above referenced entities from all claims, causes of action, or demands of every kind which I may have in the future or that any person claiming through me may have in the future against any of them by reason of any injury to person or property, or death, in connection with my participation in the travel activity described below. Further, I agree to indemnify each and every one of them for liability arising solely from my tortious acts or omissions, and I assume the risk for my child \_\_\_\_\_ traveling to and from the site of the activity. I certify that my child is in good physical health and is physically able to participate in the described activity. I understand and acknowledge that serious accidents sometimes occur during activities such as this, and that some medical conditions may be exacerbated or aggravated, and that participants occasionally sustain mortal or serious personal injuries and/or property damage as a consequence thereof, and that my participation could result in loss of or damage to my child's property, serious injury to my child or to others, and/or death. Furthermore, I agree to use my personal insurance as a primary medical coverage if an accident or injury occurs. I have been informed of the risks and know the safety procedures to follow that are inherent in this travel activity.

Description of Travel Activity: Boys Varsity Basketball Games

Locations:

Date(s) of Activity:

Campus Contact:

Phone Number:

**MY SIGNATURE BELOW INDICATES THAT I HAVE READ AND UNDERSTAND THE TRAVEL CONSENT WAIVER FORM.** I agree that the releases, the indemnity, and the other agreements contained in this document are a part of the consideration for the child being allowed to attend/travel to the contests.

\_\_\_\_\_  
*Signature of Parent/Guardian*

\_\_\_\_\_  
*Printed Name of Parent/Guardian*

# 2011-12 TPS Athletics

## High School Sports Offered

### FALL

8-Man Football  
Girls Volleyball  
Cross Country  
Cheer

### WINTER

Boys Basketball  
Girls Basketball  
Soccer

### SPRING

Baseball  
Softball  
Track & Field  
Boys Volleyball  
Co-Ed Golf

## Middle School Sports Offered

### FALL

Flag Football  
Girls Volleyball

### WINTER

Boys Baseball (TYB)  
Girls Softball

### SPRING

Boys Basketball (TYBA)  
Girls Basketball (TYBA)  
Boys Soccer  
Girls Soccer

## Middle School

Participation at the middle school level is an introduction to the philosophies and objectives of the TPS Athletic Program. Winning within the rules and guidelines of the program is an objective at this level. The intensity in middle school athletic participation is less than high school varsity level. Playing time is guaranteed to all eligible team members during each contest.

## Varsity

Varsity level athletic teams are the focal point of the TPS Athletic Program. To be a part of a varsity team is an honor in itself that must be earned. Commitment is more intensely valued at this level. Winning within the rules and guidelines of the program is an objective at this level. **There is no guarantee of playing time.**